

Lupita Nieto

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Evidence Based Argumentative Essay #2

By 2018 the U.S will spend up to \$344,000,000 on obesity related health care costs which will equal to the cost of \$13,835,935.4 years of college education or the cost of \$4,047,058,820 worth of Disney World tickets. The infographics source is Source C: Norton Center Infographic by Dr. J Renae Norton, the genre is argumentative/ informative. Kids these days spend about 8 hours everyday watching t.v., playing video games, using computers, talking on cellphones,or texting. Junk food should be banned from school because people get obese some schools don't have Physical Education Programs, and some kids get bullied because of their weight or body fat.

The first reason, that Junk food should be banned from school is because people get obese. According to Dr. J Renae Norton, she states ,”25,000,000 children in the United states are overweight or obese.” When you are obese it is pretty hard to lose weight and sometimes you get really tired and just give up, like I am a little overweight but I have to try really hard to lose weight and stop eating a lot of junk food. According to Source C: Norton Center Infographic, it states, “1 in every 3 kids are overweight or obese since 1970, childhood obesity rates have increased by 500%.” Kids are using their devices, and eating lots of junked then going out to exercise in their yards and it is getting worse almost everyday. Kids need to get motivated to stop eating lots of junk food and they should go outside to play.

Next, junk food should be banned from schools is because some schools don't have Physical Education Programs year-round. According to Source C: Norton Center Infographic, it

states, “ 92% of Elementary schools don’t have year- round Physical Education Programs.” In my opinion, I think that all schools should have Physical Education Programs because kids need to get up and exercise, run and stretch for at least an hour everyday which is what my doctor usually tells me. It’s also good to have P.E in school because you take a break from learning, and kids usually don’t exercise, run or stretch when they get home. According to Dr. J Renae Norton, she says, Percentage of kids that bike/walk to school was 42% in 1696, but now the percentage is 16% since 2001. Some kids might not walk or bike to school because some kids live far away or there parents are to overprotective but if they don’t get up and move for at least 1 hour everyday the n walking or biking to school could get kids to exercise. Kids should be able to do P.E or at least move because it could entertain them and it could keep them in shape.

Last but not least, junk food should be banned some kids get bullied because of their weight, body fat, and some get teased when they eat junk food while being overweight. According to SOurce C: Norton Center Infographic, it states, “26% of sixth graders are bullied, teased and rejected daily based on their size.” When kids get bullied, teased, or rejected their confidence isn’t as high as others and some feel like taking their own life because they get bullied. According to Dr. J. Renae Norton she states, “ 61% of kids will get bullied by the time they reach high school.” Dr. J Renae Norton says this because their are very mean kids who don’t like obese, or overweight people and they discourage them to get in shape. Instead of bullies making fun of them and bullying the kids that are overweight or obese they should encourage them to lose the weight and help them get fit.

To conclude, argument, junk food should be banned for various reasons. Three reasons that junk food should be banned from schools are because people get obese, some schools don’t have Physical Education programs all year long,k and kids get bullied because of their

weight or body fat. A consequence of not banning junk food is that kids will get more overweight, and it will be hard for the kids to lose the weight that they put on. Another implication is that some kids will continue to feel bad about their bodies and they might still get bullied in school. It is important for children to have confidence, exercise, and help with getting in shape.